

# Afternoon Tea

## The Royal Connection

When Catherine of Braganza married Charles II in 1662, she brought with her a casket of tea and became known as "the tea drinking Queen".

Catherine also brought from her native Portugal, the tradition of sharing tea with female friends in her bedchamber.

★★★

Queen Anne drank tea so regularly that she substituted a large silver teapot for the tiny Chinese tea pots. The earliest tea service dates from her reign.

★★★

The tradition of Afternoon Tea as we now know it (with savouries and cakes) is attributed to Anne, 7th Duchess of Bedford who, in the early 1840's, invited friends to join her for afternoon tea to "stave off that sinking feeling": One of Britain's finest traditions was born.

### A Note of Etiquette

Since ancient times, a cultured person ate with three fingers, a commoner with five - hence the birth of the raised "pinkie" as a sign of elitism.

Milk or tea first? Early tea cups were made from imported fine bone china which was able to handle hot tea with no ill effect. This china was however exceptionally expensive. As tea drinking became more popular it was often drunk from inferior European and British cups which were less able to handle the heat, so milk was added first to stop them shattering.....



LAKE VYRNWY HOTEL'S



LAKE VYRNWY  
HOTEL & SPA

★★★★★

Lake Vyrnwy Hotel & Spa Llanwddyn Powys SY10 0LY  
Tel. 01691 870692 [www.lakevyrnwy.com](http://www.lakevyrnwy.com)

Classic  
Afternoon Tea  
"Irresistible for over 100 years"

AVAILABLE 3pm - 6pm

# Afternoon Tea

AVAILABLE 3pm - 6pm

*"Irresistible for over 100 years"*



## Traditional Cream Tea

A pot of freshly brewed tea of your choice served with homemade sultana scones with jam & clotted cream

**£7.50**

## Afternoon Tea

A pot of freshly brewed tea of your choice served with homemade sultana scones with jam & clotted cream

Macarons, carrot cake, fruit tartlet & assorted sandwiches

**£16.50**

Add a little sparkle with a glass of Palmer & Co Champagne

**£8.50**

## Teas

We offer freshly brewed English Breakfast tea as well as a range of speciality loose teas, to include:

Green Green Grass  
Morgans Grey  
Lapsang Souchong  
Cardigan Caravan  
Barry Island Rock  
Dragon's Breath  
Assam  
Ceylon  
Lemon Tea  
Cherry Rhubarb & a Berry Blend

## Coffee & Hot Chocolate

We offer hot chocolate, freshly brewed coffee and a range of speciality coffees including:

Caffé latté, espresso & cappuccino

All of our freshly brewed teas, coffee & hot chocolate are served with homemade shortbread biscuits

**£2.95**

Decaffeinated teas and coffees are available

All prices are per person and are inclusive of V.A.T